

2004 CENTENNIAL CONFERENCE
MEN'S & WOMEN'S CROSS COUNTRY CHAMPIONSHIPS
HOSTED BY McDANIEL COLLEGE – SATURDAY, OCTOBER 30

SCHEDULE OF EVENTS

Coaches' Meeting 10:00 AM
 Men's Start (8,000 Meters) 11:00 AM
 Women's Start (6,000 Meters) 12:00 PM
 JV Start (M/W 6,000 Meters) 12:30 PM
 Awards Presentation at Finish Area 1:15 PM
 (Inclement Weather - at Gill Center)



**Bryn Mawr's
 Melissa Leedle**

MEET OFFICIALS

Meet Director Doug Renner
 Head Starter Troy Smith
 Head Timer Jim Shenk
 Trainer Melissa Lachman
 Sports Information Contact Matt Barnhart



**John Hopkins'
 Travis Koh**

NOTES TO SPECTATORS

- Please use caution while the races are in progress. Do not cross over the course without looking for runners.
- Please do not enter the warm-up area. This area is for athletes and coaches only.
- In the spirit of good competition, cheer for ALL the athletes.
- Please place refuse in the proper container.
- Please do not enter the timing area at the finish or crowd the finish line. Be courteous to the officials and the timing staff.
- Thank you for attending today's event. Drive home safely.

2004 Cross Country Championship Outlook

The Centennial Conference hosts its 12th championship meet in 2004 at McDaniel College.

Dickinson will look to capture its fifth straight title on the women's side in 2004 with Haverford close on their heels. The Red Devils hope to fill the void left by two-time Centennial champion Callie Bradley, who was lost to graduation, with five returning All-Conference runners. Dickinson will be led by **Emily Hulme (Jr, Lebanon, PA / Cedar Crest)**, **Abigail Fergusson (Jr, Lancaster, PA / Hempfield)**, **Gabby Russo (Jr, East Stroudsburg, PA / East Stroudsburg)**, **Annie Scogin (Jr, Groton, NY / Groton Central)**, and **Allison Baumler (Sr, Lancaster, PA / Lancaster Catholic)**, who finished fourth, fifth, sixth, seventh and eighth, respectively, in last season's championship meet.



Haverford will be led by 2003 All-Conference runner **Prentiss Clark (Sr, Chevy Chase, MD / Bethesda-Chevy Chase)**, who finished ninth a year ago. Swarthmore will take its shot at the team title under the leadership of **Elizabeth Gardner (Sr, New England, ND / New England)**, who finished 10th at last season's championship meet. Rounding out the returning All-Conference runners this year are Gettysburg's **Elane Gottshall (Sr, Lansdale, PA / Methacton)** and Muhlenberg's **Jenna Belisonzi (Sr, Wyckoff, NJ / Immaculate Heart Academy)** who finished 13th and 14th, respectively.

Haverford is favored to take home its 12th consecutive Conference title on the men's side. The Fords will be led by 2003 Centennial All-Conference runners **Bobby Cannon (Sr, Toms River, NJ / Toms River South)**, **Kirk Mangels (Sr, Glenside, PA / Cheltenham Twp.)**, **Grant Scott (Jr, Yellow Springs, OH / Yellow Springs)**, **Zachary Vaslow (So, Bethesda, MD / Bethesda-Chevy Chase)**, **Bernie Muller (Short Hills, NJ / Delbarton School)**, and **Brian Baillie (Philadelphia, PA / LaSalle College High)**. Cannon was the CC runner-up last season, while Mangels, Scott, Vaslow, Muller and Baillie placed third, fifth, ninth, 12th and 14th, respectively.

Swarthmore's **Lang Reynolds (Sr, Seattle, WA / Nathan Hale)** is back to defend his 2003 individual title. Reynolds will also be challenged for the top spot by returning All-CC runners **Alex Hotz (Jr, Mountainside, NJ / Governor Livingston)** of Muhlenberg, **Paul Hugus (Jr, Baltimore, MD / Loch Raven)** of McDaniel, and **Thomas Rhodes (Willow Grove, PA / Upper Dublin)** of Dickinson. Hotz placed fourth a year ago, while Hugus was sixth and Rhodes nabbed the number seven spot.

The men's 8,000-meter race begins at 11:00 a.m. with the women's 6K race following at noon.



Pictured (clockwise from the top): Haverford's Bobby Cannon (center); Muhlenberg's Alex Hotz; and Gettysburg's Elane Gottshall.

Championship Meet History

Men's Champions (Points) / Runners of the Year

1993: Haverford (31) / Steve Monaco, Franklin & Marshall
 1994: Haverford (20) / Karl Paranya, Haverford
 1995: Haverford (23) / Karl Paranya, Haverford
 1996: Haverford (23) / Karl Paranya, Haverford
 1997: Haverford (22) / Ntobeko Ntusi, Haverford
 1998: Haverford (26) / Jason Bernstein, Haverford
 1999: Haverford (25) / Frank McCartney, Franklin & Marshall
 2000: Haverford (19) / J.B. Haglund, Haverford
 2001: Haverford (17) / J.B. Haglund, Haverford
 2002: Haverford (24) / Brandon Rowe, Haverford
 2003: Haverford (31) / Lang Reynolds, Swarthmore

Women's Champions (Points) / Runners of the Year

1993: Haverford (39) / Jen Maranzano, Haverford
 1994: Gettysburg (45) / Jamie Kendig, Franklin & Marshall
 1995: Haverford (44) / Meredith Unger, Haverford
 1996: Haverford (34) / Meredith Unger, Haverford
 1997: Dickinson (32) / Kelly Reynolds, Dickinson
 1998: Dickinson (45) / Rachel Mosher, Haverford
 1999: Western Maryland* (53) / Joko Agunloye, Swarthmore
 2000: Dickinson (34) / Joko Agunloye, Swarthmore
 2001: Dickinson (37) / Kristen Wilson, Haverford
 2002: Dickinson (35) / Callie Bradley, Dickinson
 2003: Dickinson (23) / Callie Bradley, Dickinson

*Now McDaniel College

2003

at DeSales, hosted by Muhlenberg

Men's Team Results

1. Haverford	31
2. Dickinson	60
3. Swarthmore	89
4. Muhlenberg	104
5. Gettysburg	125
6. Johns Hopkins	158
8. McDaniel	180
7. Franklin & Marshall	228
9. Ursinus	242

Men's Top 14 Individuals

1. Lang Reynolds, SC	26:45.27
2. Bobby Cannon, HC	27:03.83
3. Kirk Mangels, HC	27:09.43
4. Alex Hotz, MUHL	27:13.61
5. Grant Scott, HC	27:19.49
6. Paul Hugus, MCD	27:22.56
7. Thomas Rhodes, DC ..	27:27.40
8. Todd Derkacz, DC	27:29.37
9. Zachary Vaslow, HC ..	27:42.50
10. R Uniszkiwicz, MUHL	27:46.84
11. Matt Gallagher, DC ...	27:59.36
12. Bernard Muller, HC ...	28:08.81
13. James Diorio, HC	28:09.47
14. Brian Baillie, HC	28:17.27

Women's Team Results

1. Dickinson	23
2. Haverford	55
3. Gettysburg	75
4. Swarthmore	117
5. Johns Hopkins	148
6. Muhlenberg	154
7. Bryn Mawr	227
8. McDaniel	228
9. Franklin & Marshall	231
10. Ursinus	298

Women's Top 14 Individuals

1. Callie Bradley, DC	23:05.93
2. J. Steinemann, HC	24:02.90
3. Jaimie Bagatti, GC	24:07.79
4. Emily Hulme, DC	24:25.53
5. A. Fergusson, DC	24:34.98
6. Gabby Russo, DC	24:42.17
7. Annie Scogin, DC	24:42.56
8. Allison Baumler, DC ...	24:44.37
9. Prentiss Clark, HC	24:51.12
10. E. Gardner, SC	25:00.90
11. Debbie Farrelly, SC ...	25:02.22
12. Katherine Reese, HC .	25:02.71
13. Elane Gottshall, GC ...	25:04.31
14. J. Belisonzi, MUHL.....	25:04.86

2002
at Ursinus

Men's Team Results

1. Haverford	24
2. Muhlenberg	35
3. Dickinson	88
4. Johns Hopkins	112
5. Swarthmore	132
6. Gettysburg	151
7. Franklin & Marshall	191
8. McDaniel	235
9. Ursinus	272

Women's Team Results

1. Dickinson	35
2. Haverford	45
3. Gettysburg	111
4. Swarthmore	115
5. Johns Hopkins	160
6. McDaniel	187
7. Bryn Mawr	202
8. Muhlenberg	208
9. Franklin & Marshall	210
10. Ursinus	264

Men's Top 7 Individuals

1. Brandon Rowe, HC	27:29.26
2. Greg Bielecki, HC	27:31.94
3. Will Elson, MUHL	27:37.30
4. Will McGuire, HC	27:40.19
5. R Uniszkiwicz, MUHL	27:44.30
6. Bobby Cannon, HC	27:52.02
7. B. Gallagher, MUHL ...	27:59.79

Women's Top 7 Individuals

1. Callie Bradley, DC	23:29.33
2. Sarah LaMoy, HC	23:33.51
3. M. Young, SC	23:53.06
4. Katie Dougherty, UC ..	24:14.53
5. J. Steinemann, HC	24:16.71
6. Alex Forte, DC	24:30.10
7. Jessica Ellerman, DC .	24:31.61

2001
at Dickinson

Men's Team Results

1. Haverford	19
2. Dickinson	55
3. Gettysburg	100
4. Muhlenberg	105
5. Swarthmore	107
6. Johns Hopkins	171
7. Franklin & Marshall	229
8. Western Maryland*	242
9. Ursinus	256

Women's Team Results

1. Dickinson	37
2. Haverford	39
3. Gettysburg	95
4. Swarthmore	133
5. Western Maryland*	136
6. Muhlenberg	159
7. Johns Hopkins	164
8. Ursinus	229
9. Franklin & Marshall	274
10. Bryn Mawr	281

Men's Top 7 Individuals

1. J.B. Haglund, HC	25:19
2. Peter Rook, HC	25:42
3. Ronnie Bossert, HC	26:01
4. Nick Grover, DC	26:01.60
5. Jim Steinemann, HC	26:02
6. Greg Bielecki, HC	26:15
7. Doug Bennett, HC	26:15.60

Women's Top 7 Individuals

1. Kristen Wilson, HC	18:38
2. Alexandra Forte, DC	18:46
3. Sarah LaMoy HC	18:56
4. Katie Dougherty, UC	19:08
5. Rachel Leverenz, DC	19:10
6. J. Steinemann, HC	19:11
7. Jill Krebs, WM*	19:15

*Now McDaniel College

Championship Meet History

2000 at Western Maryland*

Men's Team Results

1. Haverford	19
2. Dickinson	69
3. Gettysburg	102
4. Muhlenberg	107
5. Johns Hopkins	125
6. Swarthmore	143
7. Franklin & Marshall	164
8. Western Maryland*	237
Ursinus	Inc.

Women's Team Results

1. Dickinson	34
2. Haverford	44
3. Gettysburg	99
4. Swarthmore	129
5. Johns Hopkins	132
6. Western Maryland*	185
7. Muhlenberg	187
8. Ursinus	213
9. Bryn Mawr	236
10. Franklin & Marshall	244

Men's Top 7 Individuals

1. J.B. Haglund, HC	26:15.75
2. Marc Jeuland, SC	26:28.23
3. Stephon Petro, HC	26:33.43
4. Peter Rook, HC	26:38.47
5. Greg Bielecki, HC	26:39.14
6. Joe McCool, HC	26:44.13
7. Brad Haywood, DC	26:46.43

Women's Top 7 Individuals

1. Joko Agunloye, SC ..	18:56.20
2. Alexandra Forte, DC	18:56.50
3. Kristen Wilson, HC ..	19:03.30
4. Rachel Leverenz, DC	19:09.10
5. Jill Krebs, WM*	19:21.50
6. Prentiss Clark, HC ..	19:28.70
7. Sian Fernas, DC	19:49.60

1998 at Western Maryland*

Men's Team Results

1. Haverford	26
2. Dickinson	84
3. Gettysburg	90
Johns Hopkins	90
5. Franklin & Marshall	106
6. Swarthmore	151
7. Ursinus	197
8. Muhlenberg	242
9. Western Maryland*	244

Women's Team Results

1. Dickinson	45
2. Haverford	76
3. Bryn Mawr	106
Swarthmore	106
5. Franklin & Marshall	119
6. Muhlenberg	149
7. Gettysburg	162
8. Western Maryland*	211
9. Johns Hopkins	227
10. Ursinus	309

Men's Top 7 Individuals

1. Jason Bernstein, HC	26:11.75
2. F. McCartney, FM	26:13.76
3. Brendon Clark, GC ..	26:36.64
4. Blake Axelrod, HC ..	26:47.05
5. Nate Boice, DC	26:50.69
6. Nathan Wright, HC ..	27:01.37
7. Joe McCool, HC	27:02.17

Women's Top 7 Individuals

1. Rachel Mosher, HC	18:36.80
2. Kate Westfall, HC	19:04.53
3. R. Leverenz, DC	19:15.30
4. J. Agunloye, SC	19:17.02
5. Erin Carlson, FM	19:17.55
6. Kristin Roberts, GC ..	19:21.11
7. Jill Krebs, WM*	19:31.56

1996 at Gettysburg

Men's Team Results

1. Haverford	23
2. Franklin & Marshall	58
3. Gettysburg	81
4. Dickinson	113
5. Swarthmore	127
6. Ursinus	159
7. Johns Hopkins	178
8. Western Maryland*	228
9. Muhlenberg	263

Women's Team Results

1. Haverford	34
2. Dickinson	54
3. Swarthmore	81
4. Gettysburg	96
5. Franklin & Marshall	144
6. Bryn Mawr	156
7. Johns Hopkins	187
8. Muhlenberg	236
9. Ursinus	238
10. Western Maryland*	278

Men's Top 7 Individuals

1. Karl Paranya, HC	26:45.0
2. Hilton Robinson, FM ..	26:51.8
3. Aaron Cooper, HC	26:53.8
4. Chris Hood, HC	26:58.4
5. Jon Coldren, DC	27:02.5
6. Ntobeko Ntusi, HC	27:17.7
7. Lowell Ladd, DC	27:20.2

Women's Top 7 Individuals

1. Meredith Unger, HC ..	18:47.5
2. Rachel Mosher, HC	19:31.3
3. Amelia Jerison, SC	19:34.5
4. Victoria Lake, DC	19:44.1
5. Wendy Johnston, GC	19:53.2
6. Emily Dorean, HC	19:57.6
7. Ariane Smith, FM	20:00.5

*Now McDaniel College

1999 at Gettysburg

Men's Team Results

1. Haverford	25
2. Dickinson	70
3. Swarthmore	78
4. Gettysburg	103
5. Johns Hopkins	151
6. Franklin & Marshall	155
7. Muhlenberg	190
8. Ursinus	205
9. Western Maryland*	272

Women's Team Results

1. Western Maryland*	53
2. Dickinson	54
3. Franklin & Marshall	96
4. Haverford	106
5. Gettysburg	126
6. Swarthmore	130
7. Johns Hopkins	147
8. Muhlenberg	169
9. Bryn Mawr	289
10. Ursinus	315

Men's Top 7 Individuals

1. F. McCartney, FM	25:51.44
2. Liam O'Neill, SC	26:01.49
3. Joe McCool, HC	26:04.68
4. Stephon Petro, HC ..	26:05.60
5. Garth Terry, HC	26:11.60
6. Nathan Wright, HC ..	26:15.83
7. Doug Bennett, HC ..	26:16.21

Women's Top 7 Individuals

1. Joko Agunloye, SC ..	18:41.67
2. Jill Krebs, WM*	18:45.02
3. R. Leverenz, DC	19:05.02
4. Kristen Wilson, HC ..	19:13.09
5. Kristin Roberts, GC	19:17.76
6. Sian Femas, DC	19:21.71
7. Erin Carlson, FM	19:22.10

1997 at Ursinus

Men's Team Results

1. Haverford	22
2. Franklin & Marshall	58
3. Gettysburg	70
4. Dickinson	119
5. Johns Hopkins	155
6. Ursinus	164
7. Swarthmore	173
8. Muhlenberg	197
9. Western Maryland*	271

Women's Team Results

1. Dickinson	32
2. Swarthmore	68
3. Haverford	76
4. Johns Hopkins	120
5. Muhlenberg	125
6. Franklin & Marshall	174
7. Western Maryland*	189
8. Gettysburg	194
9. Bryn Mawr	200
10. Ursinus	290

Men's Top 7 Individuals

1. Ntobeko Ntusi, HC	28:04.0
2. Aaron Cooper, HC	28:05.0
3. Stephon Petro, HC	28:23.0
4. Brian Shiner, FM	28:30.0
5. Blake Axelrod, HC	28:44.0
6. Kris Weum, GC	28:56.0
7. Lowell Ladd, DC	28:58.0

Women's Top 7 Individuals

1. Kelly Reynolds, DC ..	19:04.0
2. J. Agunloye, SC	19:11.0
3. Danielle Wall, SC	19:22.0
4. Victoria Lake, DC	19:25.0
5. Hannah Wright, DC ..	19:34.0
6. Rachel Mosher, HC	19:40.0
7. Alissa Parmelee, SC	19:51.0

1995 at Swarthmore

Men's Team Results

1. Haverford	23
2. Gettysburg	65
3. Franklin & Marshall	70
4. Swarthmore	106
5. Dickinson	135
6. Johns Hopkins	161
7. Muhlenberg	196
8. Ursinus	200
Western Maryland*	Inc.

Women's Team Results

1. Haverford	44
2. Gettysburg	48
3. Dickinson	84
4. Swarthmore	90
5. Franklin & Marshall	145
6. Western Maryland*	160
7. Bryn Mawr	208
8. Muhlenberg	218
9. Ursinus	245
Johns Hopkins	Inc.

Men's Top 7 Individuals

1. Karl Paranya, HC	26:44.1
2. Ntobeko Ntusi, HC	27:22.0
3. Bill Gray, GC	27:26.6
4. Luke Kiskaddon, FM..	27:34.1
5. Mark Gyandoh, HC	27:44.5
6. Kris Weum, GC	27:46.2
7. Chris Hood, HC	27:53.5

Women's Top 7 Individuals

1. Meredith Unger, HC ..	18:40.8
2. Kelly Parrish, WM*	19:11.5
3. Jamie Kendig, FM	19:14.3
4. S. Pearlman, SC	19:22.7
5. Darby Kiley, GC	19:25.9
6. Wendy Johnston, GC	19:32.3
7. Sarin Weidle, GC	19:34.0

*Now McDaniel College

Championship Meet History

1994
at Gettysburg

Men's Team Results

1. Haverford	20
2. Gettysburg	69
3. Franklin & Marshall	70
4. Swarthmore	114
5. Dickinson	165
6. Johns Hopkins	173
7. Western Maryland*	181
8. Muhlenberg	202
9. Ursinus	254

Women's Team Results

1. Gettysburg	45
2. Haverford	46
3. Swarthmore	69
4. Dickinson	77
5. Western Maryland*	149
6. Franklin & Marshall	151
7. Muhlenberg	200
8. Bryn Mawr	228
Johns Hopkins	Inc.
Ursinus	Inc.

Men's Top 7 Individuals

1. Karl Paranya, HC	25:48
2. Luke Kiskaddon, FM	25:55
3. Mark Gyandoh, HC	25:57
4. Ian Fraser, HC	26:03
5. Nate Suter, HC	26:09
6. Bill Gray, GC	26:13
7. Pre Gupta, HC	26:27

Women's Top 7 Individuals

1. Jamie Kendig, FM	18:57
2. Meredith Unger, HC	19:00
3. Elizabeth Scott, DC	19:06
4. Wendy Johnston, GC	19:17
5. Kathryn Terry, HC	19:25
6. Joyce O'Neil, GC	19:36
7. Janine DeVito, GC	19:45

*Now McDaniel College

1993
at Dickinson

Men's Team Results

1. Haverford	31
2. Franklin & Marshall	43
3. Swarthmore	91
4. Gettysburg	91
5. Western Maryland*	157
6. Dickinson	159
7. Johns Hopkins	192
8. Muhlenberg	204
9. Ursinus	247

Women's Team Results

1. Haverford	39
2. Gettysburg	86
3. Swarthmore	91
4. Dickinson	96
5. Franklin & Marshall	107
6. Muhlenberg	140
7. Johns Hopkins	164
8. Western Maryland*	198
Ursinus	inc.

Men's Top 7 Individuals

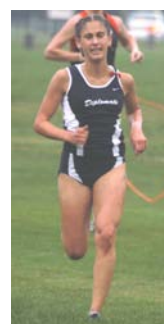
1. Steve Monaco, FM	24:53.4
2. Nate Suter, HC	25:53.6
3. Brian Todd, FM	26:00.9
4. Luke Kiskaddon, FM	26:02.9
5. Karl Paranya, HC	26:11.7
6. Mark Gyandoh, HC	26:12.2
7. Morgan Andreae, HC	26:34.7

Women's Top 7 Individuals

1. Jen Maranzano, HC ..	18:04.5
2. Jamie Kendig, FM	18:44.9
3. Amanda Wachter, MC ..	19:07.3
4. Freida Behrens, GC ..	19:15.3
5. Margaret Sloane, SC ..	19:16.9
6. Zoe Alsop, HC	19:18.2
7. Janine DeVito, GC	19:22.4



Ursinus'
Lynne Erickson (left)
and
Franklin & Marshall's
Karen Ziga



2004-05 Conference Championship Schedule

Saturday, October 30	Cross Country Championship, McDaniel
Wednesday, November 3	Field Hockey First Round, TBA
.....	Men's Soccer First Round, TBA
.....	Women's Soccer First Round, TBA
Thursday, November 4	Volleyball First Round, TBA
Saturday-Sunday, November 6-7	Field Hockey Championship, TBA
.....	Men's Soccer Championship, TBA
.....	Women's Soccer Championship, TBA
.....	Volleyball Championship, TBA
Friday-Sunday, February 18-20	Swimming Championship, Franklin & Marshall
Saturday, February 19	Wrestling Championship, Muhlenberg
Wednesday, February 23	Men's Basketball First Round, TBA
.....	Women's Basketball First Round, TBA
Saturday, February 26	Men's & Women's Basketball Semifinals, TBA
Saturday-Sunday, February 26-27	Indoor Track and Field Championship, Dickinson
Sunday, February 27	Men's & Women's Basketball Championship, TBA
Friday-Sunday, April 29-May 1	Tennis Individual Championship, Swarthmore
TBA	Men's Golf Championship, TBA
.....	Women's Golf Championship, TBA
Friday, May 6	Men's Lacrosse Semifinals, TBA
.....	Baseball Championship First Round, TBA
Wednesday, May 4	Women's Lacrosse First Round, TBA
Friday-Sunday, May 6-8	Outdoor Track and Field Championships, Muhlenberg
Saturday-Sunday, May 7-8	Baseball Second Round and Championship Series, TBA
.....	Women's Lacrosse Championship, TBA
.....	Softball Championship Tournament, TBA
Sunday, May 8	Men's Lacrosse Championship, TBA