

## TEAM TITLES

### Men's

1983 Washington College Invitational  
 1983 Dickinson College Invitational  
 1991 Howard Express Invitational  
 1994 Towson Invitational  
 1996 Towson Invitational  
 1996 Goucher Invitational  
 2001 Spartan Invitational  
 2003 Anne Arundel Invitational  
 2005 Baltimore Metro Invitational

### Women's

1989 Essex Invitational  
 1996 Towson Invitational  
 1996 Goucher Invitational  
 1999 Shepherd Invitational  
 1999 Knight Invitational  
 1999 Spartan Invitational  
 1999 Centennial Conference  
 2000 Spartan Invitational  
 2001 Shepherd Invitational  
 2001 Green Terror Challenge  
 2001 Spartan Invitational  
 2002 Wilmington Invitational  
 2003 Anne Arundel Invitational  
 2003 Goldey-Beacom Invitational  
 2003 Spartan Invitational

## INVITATIONAL MEDALS

### Men's

Year	Name	Class	Finish	Event
1983	Brian Russo	So	1st	Dickinson Invitational
1991	Derek Johnston	Jr	1st	Howard Express
1992	Derek Johnston	Sr	1st	Howard Express
1994	Greg Davis	So	2nd	Dickinson Open
1994	Greg Davis	So	2nd	Towson
1994	Greg Davis	So	3rd	Maryland Championships
1995	Greg Davis	Jr	3rd	Dickinson Invitational
1996	Greg Davis	Sr	1st	Goucher
2002	Paul Hugus	Fr	3rd	Wilmington Invitational
2003	Paul Hugus	So	1st	Anne Arundel Invitational
2003	Paul Hugus	So	2nd	Green Terror Challenge
2003	Paul Hugus	So	2nd	Spartan Invitational
2004	Paul Hugus	Jr	1st	Baltimore Metro Invitational
2004	Paul Hugus	Jr	1st	Green Terror Invitational
2004	Paul Hugus	Jr	3rd	Allegheny Classic
2004	Paul Hugus	Jr	2nd	Ukrops Cross Country Festival
2004	Paul Hugus	Jr	1st	Gettysburg Invitational
2005	Paul Hugus	Sr	1st	Baltimore Metro Invitational
2005	Chris Gonzales	Fr	3rd	Baltimore Metro Invitational
2005	Paul Hugus	Sr	1st	Green Terror Challenge

### Women's

Year	Name	Class	Finish	Event
1983	Julie Craig	So	2nd	Dickinson Invitational
1984	Sue Stevenson	Sr	1st	Dickinson Invitational
1991	Kendra Weible	So	1st	Howard Express
1991	Kendra Weible	So	2nd	Dickinson Invitational
1992	Kendra Weible	Jr	3rd	Howard Express
1995	Kelly Parrish	So	3rd	Lebanon Valley
1995	Kelly Parrish	So	3rd	Towson
1996	Kelly Parrish-Davis	Jr	1st	Goucher
1996	Kelly Parrish-Davis	Jr	3rd	Towson
1998	Jill Krebs	Fr	1st	Shepherd Invitational
1998	Jill Krebs	Fr	1st	Spartan Invitational
1998	Jayne Karolow	Fr	3rd	Spartan Invitational
1999	Jill Krebs	So	1st	Shepherd Invitational
1999	Jill Krebs	So	1st	Spartan Invitational
1999	Blair Heinke	Fr	1st	Mont.-Rockville
1999	Jayne Karolow	So	2nd	Shepherd Invitational
1999	Jayne Karolow	So	2nd	Spartan Invitational
1999	Jill Krebs	So	2nd	Mont.-Rockville
1999	Jill Krebs	So	2nd	Gettysburg
1999	Jill Krebs	So	3rd	Dickinson Invitational
1999	Diana Pool	So	3rd	Shepherd Invitational
1999	Diana Pool	So	3rd	Mont.-Rockville
1999	Diana Pool	So	3rd	Spartan Invitational

Year	Name	Class	Finish	Event
2000	Jill Krebs	Jr	1st	Shepherd Invitational
2000	Jill Krebs	Jr	1st	WMC XC Challenge
2000	Jill Krebs	Jr	1st	Spartan Invitational
2000	Diana Pool	Jr	2nd	Shepherd Invitational
2000	Diana Pool	Jr	2nd	Spartan Invitational
2001	Jill Krebs	Sr	1st	Shepherd Invitational
2001	Jill Krebs	Sr	1st	WMC XC Challenge
2001	Jill Krebs	Sr	1st	Spartan Invitational
2001	Diana Pool	Sr	2nd	Shepherd Invitational
2001	Diana Pool	Sr	2nd	Spartan Invitational
2001	Colleen Lawson	Fr	3rd	Shepherd Invitational
2002	Jen Pullen	Jr	2nd	Wilmington Invitational
2003	Natasha Young	So	1st	Anne Arundel Invitational
2003	Kristen Aversa	So	3rd	Anne Arundel Invitational
2003	Jen Pullen	Sr	1st	Spartan Invitational
2003	Kristen Aversa	So	2nd	Spartan Invitational
2003	Lianne Price	Fr	3rd	Spartan Invitational
2004	Natasha Young	Jr	3rd	Baltimore Metro Invitational

## MEDALS IN A SEASON

(M)	5	Paul Hugus	2004
(W)	5	Jill Krebs	1999

## MEDALS IN A CAREER

(M)	11	Paul Hugus	2002-2005
(W)	20	Jill Krebs	1998-2001

## CONSECUTIVE MEDALS WON

(M)	5	Paul Hugus	2004
(W)	3	Jill Krebs	1999 & 2001

## POST SEASON MEDAL WINNERS

### Middle Atlantic Conference

Julie Craig	1983 (2nd)
Kendra Weible	1991 (4th)

### Centennial Conference

Kelly Parrish	1995 (2nd)
Jill Krebs	1998 (7th)
Jill Krebs	1999 (2nd)
Jill Krebs	2000 (5th)
Jill Krebs	2001 (7th)
Paul Hugus	2003 (6th)
Paul Hugus	2004 (7th)

### Mideast Regionals

Julie Craig	1983 (6th)
Greg Davis	1994 (5th)
Jill Krebs	1999 (6th)
Jill Krebs	2000 (7th)
Jill Krebs	2001 (13th)
Paul Hugus	2003 (9th)
Paul Hugus	2004 (9th)

## ALL-MIDEAST SELECTIONS\*

Year	Name	Finish
1983	Julie Craig	6th
1992	Kendra Weible	10th
1994	Greg Davis	5th
1998	Jill Krebs	17th
1999	Jill Krebs	6th
1999	Holly Thompson	21st
1999	Diana Pool	32nd
2000	Jill Krebs	7th
2001	Jill Krebs	13th
2001	Diana Pool	24th
2003	Paul Hugus	9th
2004	Paul Hugus	9th

## NCAA QUALIFIERS

Year	Name	Finish
1983	Julie Craig	60th
1994	Greg Davis	60th
1999	Jill Krebs	35th*
2000	Jill Krebs	18th*
2001	Jill Krebs	51st
2003	Paul Hugus	74th
2004	Paul Hugus	59th

\* All-American

\*Until 1999 Mideast Region included all Division III Schools from PA, NJ, DE, MD & WV. In 2000, the NJ schools moved to the Atlantic Region.