



# Conversation starters to start the new year.

## #1 Academic Goals

- Do you have a plan for managing your academic workload & staying organized?
- Are there any specific classes or professors you're excited about?

## #2 Social & Personal Growth

- How do you envision making new friends and building a social circle?
- Are there any clubs, organizations, or extracurricular activities you're interested in joining?
- What are your expectations for balancing your social life with academic responsibilities?

## #3 Living Arrangements

- How do you feel about living with a roommate?
- Have you discussed any ground rules or expectations with your roommate(s)?

## #4 Health & Wellness

- How will you prioritize your physical & mental health?
- Do you know where to find medical services on campus in case you need them?
- Have you considered a healthy diet & exercise routine?

## Supporting your student.

### We get it.

Students need supports to ensure success and you can help them think through their needs before they even leave for McDaniel College. We've pulled together ten topics with additional conversations starters for you to review with them as they prepare for life on the Hill.

# More things to think about...

## #5 Time Management

- How do you plan to manage your time effectively, especially with the newfound freedom of college life?
- Have you thought about setting up a schedule for studying, attending classes, and personal activities?

## #8 Safety & Well-being

- Are you aware of campus safety measures and emergency procedures?
- Do you have a plan for handling potentially risky situations, like parties or late-night outings?

## #6 Financial Responsibility

- Do you have a budget in mind for your expenses? How do you plan to manage your finances?
- Have you explored part-time job opportunities on campus? How will you balance it with academics and a social life?

## #9 Career & Future Goals

- Have you thought about your career aspirations beyond college?
- Do you know where the career resources are on campus to help with planning?
- Are you open to exploring internships, study abroad, networking events, or workshops related to your desired field?

## #7 Communication

- How often would you like to stay in touch with me/us?
- What is your preferred method of communication? Text? Email? Facetime? A call?
- What are your thoughts on sharing your college experiences with us?

## #10 Expectations & Concerns

- What are you most excited for in this new chapter? What are you most anxious or nervous about?
- How can we best support you during your college journey?